

# MITCHELL MIDDLE SCHOOL



## Principal's Message

### **An Introduction to 'The Ultimate Warrior'**

An educational system isn't worth a great deal if it teaches young people how to make a living but doesn't teach them how to make a life. ~Author Unknown

On Monday, February 27, 2017 we introduced something called 'The Ultimate Warrior' to all of MMS. These are grade level values that we will expect all of our Warriors to live up to daily to become 'The Ultimate Warrior'.

## The Ultimate Warrior Grade Level Core Values



**Mitchell Middle School**

The core value for all grade 5 students is to be **'BE READY TO LEARN'**. We will talk with grade 5s about this in the coming weeks to determine what this exactly means at MMS. To me it means to come to school with an open mind, to try new things, have supplies, listen, and question and so much more. When talking with grade 5s we will focus the conversation on what it means to 'be ready to learn'.

The core value of all grade 6s is to **'BE READY TO HELP'**. Since our grade 6s have been at MMS for a year they know the school expectations, rules, and the people. We will expect our grade 6s to help themselves, their classmates, their teachers and the environment in and around MMS. The grade 6 circle also includes the grade 5 value so this means our grade 6s will also be expected to be 'ready to learn'. Again, we will speak with our grade 6s to come up with what this will look like at MMS.

The core value for our grade 7s is to **'BE READY TO PARTICIPATE'**. When our kids reach grade 7 a number of new opportunities open up. Grade 7s have more choice in their classes, athletics, arts and we will have a higher expectation for students to be active citizens in classrooms, school and community. Grade 7s will also be expected to 'be ready to help' and 'be ready to learn'. Grade 7s will also be given the opportunity to help us define what this means at MMS.

Our last, and greatest responsibility lies with our grade 8s. Their value is **'TO BE READY TO SERVE'**. We will get our grade 8s feedback to what this will look like as well. The expectation will be for our grade 8s to serve our school, community locally and globally. Expectations for grade 8s will also include 'be ready to participate', 'be ready to help' and 'be ready to learn'.

School culture is of utmost importance to me. If we can get our students, staff, and community to be using common language as the year goes along, we all grow. In 'edu-speak', this is a variation of a PBIS or Positive Behavioral Interventions and Supports. The goal is to get our entire school talking about what we should be doing and what we want to see rather on what we shouldn't be doing.

This may change and evolve over time. The goal is to positively enhance an already great school culture. By using common language and focusing on positive behavior we will make sure that everyone associated with MMS has the best chance to be learners and thrive every day.  
Mr. Mead

### **Welcome to MMS!**

We would like to welcome Aida (6T), Shakaela (6B), and Rivaldo (7M) who joined us in February. Welcome to Mitchell Middle School!

## Nutrition Month

### Take the Fight Out of Food

March is nutrition month and with busy families it can be difficult to make nutritious choices. With online nutrition advice, sometimes it can be more confusing than anything. Always be careful if a product claims a long list of conditions it cures. Nothing is a cure-all for everything. The bottom line, choose foods from the four food groups and eat in moderation. Eating should be joyful, not a source of everyday frustration and confusion. Making a meal with simple ingredients is the best, because you know what you're eating. If you're looking for new ideas, there are many great sites online. Visit [NutritionMonth2017.ca](http://NutritionMonth2017.ca) or for new ideas and great resources.

Mitchell Middle School Parent Advisory Council  
presents



# THURSDAYS

**March 2, 9, 16, 23**  
as part of March Nutrition Month

2 flavours of smoothies available:

1) **mango hurricane**  
passion fruit, orange and guava juice, mangos, strawberries, peach sorbet, yogurt and ice

2) **strawberry sunshine**  
passion fruit, orange and guava juice, bananas, strawberries, strawberry sorbet, yogurt and ice

**\$4.50 for a snack size smoothie**  
Delivered to the school for morning break/recess

### Important Dates and Information for Grade 8s registering at the SRSS for 2017-18

The SRSS has mailed home letters on February 22, 2017 that details the SRSS Open House. If you did not get a copy of this letter please contact the MMS office to get the letter. A copy of the letter is on our school blog.

#### **Some important/information dates to remember:**

**March 1:** Deadline for Grade 8 signups for Orientation Tours on March 9 (done at school)

**March 3:** SRSS Guidance counsellor from the SRSS to visit MMS grade 8 classes to begin the registration process

**March 9:** SRSS Orientation Tour for incoming grade 8 students (12:30 PM - 3:00 PM)

**March 9:** Evening Open House for parents and their children (6:30 PM - 8:30 PM). Parents are welcome to arrive anytime between 6:30 PM and 8:30 PM to tour the SRSS and learn more about high school programming

**March 10:** Registration Website Open to Students. Students will register for the 2017-2018 school year at school. It is important they know what they would like to register for (options) before registering. Parents will sign off on registration choices at home prior to March 10.

Students must make their choices based on parent approval.

**March 24:** Registration Deadline

### Athletic Department

#### Basketball:

##### **Thursday March 2<sup>nd</sup>:**

Gr. 8 boys @ SCS. 6:30 pm start.

Gr. 7 boys @ NCI. 5:30 pm start.

##### **Wednesday March 8<sup>th</sup> or Thursday March 9<sup>th</sup>:**

Gr. 8 boys playoffs (TBA)

##### **Tuesday March 14<sup>th</sup>:**

Gr. 8 championships @ Niverville.

Boys start at 7:00 pm.

### From the Music Room

#### **Dates and Details to Take Of... Congratulations!**

- Our Grade 8 Band put on a fantastic performance at the Optimist Band Festival in Winnipeg last week, and received excellent feedback from the Adjudicators and Clinicians. Way to represent!
- Our Grade 7 and 8 Choir enjoyed a great night at the Moose Hockey game last Saturday night, and made us all proud with your solid performance of our National Anthem – TRUE NORTH! Great job, choir! Special thanks to all our fans and families for coming out to support us.

**Thursday, March 16<sup>th</sup>** – Grade 5 and 6 students will travel to Winnipeg to take part in the WSO's "Adventures in Music" program – a live, interactive performance by the Winnipeg Symphony Orchestra. Parent volunteers are needed; please contact your child's HOMEROOM teacher if you wish to join us!

**Monday, March 20<sup>th</sup> @ 1:00pm** – Grade 5 and 6 Choir students will perform at the Southeast Manitoba Music Festival in Steinbach, held at Steinbach Mennonite Church. Parent volunteers are needed; please contact your child's HOMEROOM teacher if you are able to travel on the bus with us.

**Tuesday, March 21<sup>st</sup> @ 10:00am** – Grade 7 and 8 Choir students will perform at the Southeast Manitoba Music Festival in Steinbach, held at Steinbach Mennonite Church. Parent volunteers are needed; please contact your child's HOMEROOM teacher if you are able to travel on the bus with us.

**Tuesday, April 11<sup>th</sup> @ 7:00pm** – (Please note the Date Change!) MMS Music "Coffee House" -- a fundraiser organized by the MMS Band Booster organization.

Performances by the Grade 7 and 8 Bands, Jazz Band, and 7/8 Choir, as well as special guests from the Drama Department. Dessert and coffee, served with a smile by Grade 8 Band members! Tickets \$10 each – more information to follow. Save the date!

**Friday, June 2<sup>nd</sup> (8:00am departure) to Sunday, June 4<sup>th</sup>** – Details continue to come together for the Grade 8 Band Trip to International Music Camp at International Peace Garden (15 minutes south of Boissevain). We look forward to a wonderful weekend of collaborating with Grade 8 students from around

Hanover School Division, and getting a feel for what Band might be like next year in Grade 9 at the SRSS.

### Report Cards

Report Cards will be going home with students on **Friday, March 17<sup>th</sup>**.

### Library

Thank you to those who supported this year's Book Fair. Profits earned will go towards purchasing more books and resources for our school library. Ms. Malech together with a student from Grade 7, won the door prize which allowed them to choose \$25.00 worth of books each from the Book Fair. Congratulations also go to those students who won prizes through various contests held during the fair. Again, thank you and congratulations!

### Mitchell Minor Ball Registration

This is for boys and girls baseball.

March 7, 2017 6-8pm

Mitchell Elementary School

Registration needs to be entered online prior @ [mitchellminorball.ca](http://mitchellminorball.ca) . Payments are taken on **March 7 at Mitchell Elementary.**

Contact:

Boys Ball:

Jamie Boychuk [\(204\)371-0753](tel:2043710753)

Girls Ball:

Candice Dueck [\(204\) 377-5016](tel:2043775016)

### Mitchell Soccer

Soccer registration for children ages 3 to Grade 6 will take place **March 10<sup>th</sup> from 7:00 to 8:00pm** at Mitchell Elementary School. The cost of registration is \$35. Please note there will be a \$10 late fee for registration received after March 10<sup>th</sup>. Registration forms can be found on the Mitchell Soccer website <http://www.eteamz.com/mitchellsoccer/> and mailed to Mitchell Soccer, c/o 6 Chancellor Bay, Mitchell, MB, R5G 0A7, if you are unable to attend the registration night. The season will run Tuesdays starting on May 3<sup>rd</sup>. For more information contact Claudia Wollmann via email at [ringettechick\\_12@yahoo.com](mailto:ringettechick_12@yahoo.com). Volunteers are what make these types of programs a success! Please consider being part of this program by volunteering to coach.

### Parent Council

If you have any questions or concerns please contact one of the PAC members.

Josie Unrau  
204-381-3994  
[ourodyssey@icloud.com](mailto:ourodyssey@icloud.com)

Jamie Karr  
204-320-1663  
[karrmj@gmail.com](mailto:karrmj@gmail.com)

Charmaine Toews  
204-326-9699  
[charmainetoews@gmail.com](mailto:charmainetoews@gmail.com)

Pam Kehler  
204-326-9583  
[pam@kehler.ca](mailto:pam@kehler.ca)

Naomi Streit  
204-371-9938  
[naomiharder@hotmail.com](mailto:naomiharder@hotmail.com)

Andy Mead  
204-371-6278  
[amead@hsd.ca](mailto:amead@hsd.ca)

It was one  
of those  
*March*  
days when the sun shines hot  
and the  
*wind blows* cold:  
when it is summer in the  
and winter in the *light,*  
shade.

~Charles Dickens

# MARCH

# 2017

<i>Sun</i>	<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>	<i>Sat</i>
			<b>1</b> Day 5 Sub Sandwich \$4.50	<b>2</b> Day 6 MMS Science Fair 7:00 – 7:45 p.m.  Booster Juice \$4.50	<b>3</b> Day 1  Double Cheese Pizza \$2.00	<b>4</b>
<b>5</b>	<b>6</b> Day 2	<b>7</b> Day 3  HSD Public Board Meeting 7:30 p.m.	<b>8</b> Day 4  Sub Sandwich \$4.50	<b>9</b> Day 5 Booster Juice \$4.50  Gr. 8 Tour of SRSS 12:30 PM - 3:00 PM Parent Evening at SRSS 6:30 PM - 8:30 PM Fear Factor	<b>10</b> No Classes  Administration/ Professional Development Day	<b>11</b>
<b>12</b>   Daylight	<b>13</b> Day 6	<b>14</b> Day 1   HSD 7/8 Basketball Finals  Free Snack Day	<b>15</b> Day 2  Sub Sandwich \$4.50	<b>16</b> Day 3  Booster Juice \$4.50	<b>17</b> Day 4 Term II Report Cards Issued Fear Factor  BBQ Chicken Pizza \$2.00	<b>18</b>
<b>19</b>	<b>20</b> Day 5	<b>21</b> Day 6	<b>22</b> Day 1  Sub Sandwich \$4.50	<b>23</b> Day 2  Booster Juice \$4.50	<b>24</b> Day 3 Nutrition Month Breakfast MMS Staff/Student Basketball Game  Pepperoni & Cheese Pizza \$2.00	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <i>Spring Break                          March 27 - 31</i> </div>						